



Phoenix Flyers AC
Committee Meeting – 30th July 2020
Minutes

1 In Attendance

Frank Stephenson, Mark Ellis, Gillian Kemp, Samantha Keogh, Steve Foster & Lesley Foster

2 Apologies for Absence

None

Actions from Last Meeting

- All a bit defunct due to the Covid-19 outbreak.

3 Financial Update

Current Surplus Members Contributions is £6,137.21 however this includes the £2k grant from County Durham Community Foundation for equipment. It was agreed that this wouldn't be ordered until a plan for storage had been sorted. Incoming membership forms have been a good source of income and these will be chased up at the end of August.

Action: Mark to liaise with Tony at Fram School on storage for club equipment. Lesley to chase membership forms at the end of August.

Website Update

The website had been updated with the clubs return to training information and the events pages cleared. They will be re-populated when competitions start to happen again. It was thought that we could approach Ben Crampton to help with the website updating as he had offered to help if needed on anything.

Actions: Mark to approach Ben Crampton on website updating.

4 Social Media Update

We now have 141 followers on Facebook (up 27), 65 on Twitter (up 7) and 73 on Instagram (up 19) – figures last updated in January.

Action:

5 Funding Update

The long jump pit has been completed and is seeing regular use and we are now completing quarterly updates to Durham AAP on the project. We also talked about adding plastic edging to the outside of the pit and we'll look to see what's available.

The club has now received a grant of £2k from County Durham Community Foundation for Sportshall equipment, which won't be ordered until storage is arranged.



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We did also discuss the possibility of buying additional lighting as part of our winter training plan.

Actions: Mark to complete the latest AAP form for 31st July (complete).
Mark to look for plastic edging for the long jump pit.

6 County Durham Athletics Network

There has been no CDAN activity due to Covid-19 restrictions, but they have shared a host of risk assessments and guidance documents that are also available on the EA website.

Actions:

7 Club Admin Items

Track Night Application – EA had approved our Track Night application for 3 dedicated throws coaching sessions to support Sam's coaching development primarily. The caveat was that 50% of our membership had to be EA members by the end of August for our application to go forward. It was agreed that this was unlikely to happen and we will decline the offer from EA as we can possibly source similar support from alternative methods.

Training Group Sizes & Autumn/Winter Training – It was agreed that the revised training group sizes would be 8 for Throws or Jumps, 9 for Sprints & Distance and up to 8 for U11's or 12 with assistance from Athletics Leaders. For the Autumn/Winter period, it was agreed that Mark would approach the school to look at Indoor facilities as well as still being able to use the back straight & bends on the track if the home straight floods, along with using the Netball area and the path towards the Main Road.

Communication – There was a concern that communication between the committee members had not been at its best during the lockdown period and it was acknowledged that we'd achieved a lot in a short time and the good work we've done shouldn't be wasted. It was agreed that there should be a separate Messenger group for the coaching team (to include Coaches and Coaching Assistants).

Long Jump – It was agreed that Steve's group would have their own Messenger group as all the athletes are from Phoenix Flyers.

Holidays – To help the planning of training sessions over the summer holidays, the coaching/committee team confirmed when they couldn't coach – Tuesday 4th (Steve), Tuesday 18th (Sam & Mark), Tuesday 25th (Gillian) & Thursday 27th (Frank).

Membership – It was agreed that Lesley would chase up the Membership Forms at the end of August.

Actions: Mark to contact Athletics Leaders about volunteering with CA's.
Mark to contact Tony at Fram School on the available spaces to train.
Mark to set up a Coaching Messenger group (completed).
Steve to set up a Messenger group for the PF long jumpers.



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Lesley will chase the Membership Forms at the end of August.

9 Any Other Business

- Mark raised that we'd been asked to renew our membership to the Durham Boys & Girls Clubs and it was agreed that we would on the basis that it was free this year.
- Steve raised could the Sprints group do 200m & 300m training and it was agreed that this could be managed and maintain the social distancing with the middle distance group.
- It was agreed that we need more Coaching Assistants and that we'd push this on social media ahead of the CA course being available online. It was also agreed that the club would only fund 50% of courses in the future.
- We also discussed how we could deliver Athletics 365 based training and assessments for the U11 athletes and it was agreed that we'd explore a Google Drive based database to collate the assessments from coaches (as the U11's are coached by different Coaches/CA's). It was agreed that Mark would look into the certificates and speak to Ben Crampton on the database once we knew what we needed.
- It was agreed that we would try and actively recruit more committee members to help the club in the future.

Actions: Mark to renew the DABGC membership.

Mark to look into Athletics 365 awards and then speak to Ben Crampton re database.

10 Date & Time of Next Meeting

The next meeting will be held on Monday 7th September 2020 at 6.30pm and the venue will be arranged nearer the time.

Notes completed – 2nd August 2020